De-Colonizing Art Institutions

Maria Thereza Alves

Song-Ming Ang
Silent Walk Wall

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Zou Zhao
Silent Walk
Song-Ming Ang

Silent Walk is an improvisational exercise in which a group of participants takes an improvised walk through their immediate environment.

Participants stay silent throughout the walk, listening to the sounds they encounter.

Instructions

1. Participants should turn off all phones and sound-emitting devices, and remain silent during the walk.

2. There should be at least one timer/watch to keep time.

3. Participants take turns to become the group leader, who leads the walk for five minutes. The suggested group size is six to ten participants.

4. During these five minutes, the leader decides which path or direction to walk in. All other participants follow the leader.

5. After five minutes, the leader tags another group member who has not yet been the leader. This tagged participant becomes the leader and leads the group for five minutes.

6. The tagging process continues until every participant has led the group once. The walk ends when the last leader has led the group for his/her five minutes.

7. It is suggested that the group gathers after the walk to exchange experiences on what they heard during the walk. This can be done in a formal or informal setting.